

Sound Transcription: *Kitchen Talk*

Eva Wö *Kitchen Talk* [with *Reclaiming Our Image* (Caritia, Lina Bembe, Evie Snax, Max Disgrace, Bishop Black, Carmina, Jasco Viefhues, Mia Secreto, Kali Sudhra, Rebecca, Nina Scum & Rude Jude)] 2018, video, 5:17.

Sound Transcription by Eva Wo, with additions by Riet Timmerman

A person, sitting on the left side of the circle on someone's lap, agrees that often people are just doing their thing while they are standing in the corner crying or are crying in front of the mirror.

The person on whose lap they are sitting teases the person on their lap by mimicking their response, moving their fingers in front of their face as if they are brushing their eyebrows or putting on lipstick, stating that everything will be fine darling, have the time, I am here for you. The whole group is laughing together.

Caritia:

But it's just giving ourselves permission to take space

It's giving ourselves permission to take space

And we don't take enough of it because we think somehow it's not so important

Part of the reason I'm here is because I realized how important this would be for me to be more visible. I don't do everything and I can't do everything but if I make myself visible

Other people will find that permission to do, to be

And I think it's also really important that we document the emotional side of this for us, because more often than not we don't. You know you see the happy, the glamorous, the sexy, you know - the fucking HOT,

but...

But you don't get to see the emotional thing that comes along with all of this for all of us

Rebecca: the way we want

Caritia: exactly

Kali: super wet right now

Caritia:

And this is the thing: emotion is hot!

Can I just say? Emotion is hot no matter what the emotion is it's really hot

And I think if we don't express that as part of who we are

I know I personally express that through my work

You know I express that in all of the things that I do

When I do session and when I do other stuff because

It's missing for me. That's what is missing for me in porn.

That is what's missing for me sometimes in sex and in sex work.

Is the emotion.

And then I want a connection, I wanna feel it

I don't wanna just see something that looks really great. That's great.

But I wanna feel it too.

I wanna sense it. I want it to be all of the things and not just part of the things.

A sense of agreement fills the circle, as yeah's and mmm's of consensus accompany the noddings of heads.

Yeah!

The camera moves to the other side of the group. A person, Lina, who has short brown hair and wears a one shoulder top, is standing closely behind another person who is sitting down.

Lina: yea because when it comes to sex work there is always a lot of people who say 'yea like emotions are a different thing.' And for me that's never the case. For me my work and who I am there's always that - a line that's very blurry.

Lina: And I am super frustrated at this moment because I see the work that I do and I'm not entirely happy with it. And now it's coming to a point at which i'm really at the risk of not liking myself.
With the work that I do
And I don't want that

Lina: and at the same time I know I have the power
And I know from whatever point of vulnerability or fragility I know that I can have my voice heard

Lina: And there is something that I can do to just
Take that control to put myself together and to say okay
This is my work but this is who I am
but still I can put emotion and
Own my thing
And this is also one of the reasons what I really wanted to do this
Because I think that
With these exercises we can really heal.
That we can really get ourselves in touch with that
With a little bit of work and a little bit of exercise
A little bit of connection

Cause, I dunno... we are at similar points all of us. Of whatever it is we do.

A deep voice responds.

Jasco: I just want to integrate this part back
You know, it's like a ritual that we're doing and I just wanna raise it and integrate it
Like, take it back into my life and into my body.

Another person in the circle, wearing a leopard printed top and hoop earrings, takes a sharp breath as Jasco's point resonates with them.

Jasco: Because it was, I dunno, stolen or lost a long time ago
Or taken by others
Or used, abused, whatever you wanna call it
Like the image

Caritia: yup... reclaim

And the thing is, everything we've done up til now is learning.
It's not wrong, it's not broken, it's learning.
It's learning it's a challenge it's growth it's allowing
It's... yeah, it's really embracing.
I truly truly feel it's embracing
To break down and say NOW what do I want?
In this present moment at this time
What's switched what's changed why am I doing what I'm doing
And what do I wanna do right now?

Jasco:

Sorry but you have to!

I know you have to film this but you know be part of –